

## WOTCH CENTRE MEAL CALENDAR – February 2012



**PLEASE NOTE: We will only be selling Lunch effective February 1, 2012  
Lunch will be served at 12:15pm daily including Sundays**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MEAL COST</b> Clients: \$3.00 per meal. Visitors / Guests of clients: \$2.75 per meal. Staff: \$4.00 per meal. *Last minute substitutions are possible			1	2	3	4
			<b>LUNCH:</b> Mozzarella spaghetti	<b>LUNCH:</b> Tex Mex fusilli	<b>LUNCH:</b> Fried egg and ham on a bagel	WOTCH Centre Closed Saturdays
5	6	7	8	9	10	
<b>LUNCH:</b> : Flat bread lasagna	<b>LUNCH:</b> Chili and toast	<b>LUNCH:</b> Turkey sandwiches and tossed salad	<b>LUNCH:</b> Bruschetta with salad	<b>LUNCH:</b> Pizza	<b>LUNCH:</b> BLT's with veggie sticks	
12	13	14	15	16	17	
<b>LUNCH:</b> Multi-layered salad with ½ bagel	<b>LUNCH:</b> Tuna Casserole	<b>LUNCH::</b> Broccoli and cheese quiche with brown beans	<b>LUNCH:</b> Bean and rice Burritos with veggie sticks	<b>LUNCH:</b> Spaghetti with meat Sauce	<b>LUNCH:</b> Meatball Souvlaki	
19	20	21	22	23	24	
<b>LUNCH:</b> Chicken Fajitas with rice	<b>LUNCH:</b> Taco Salad	<b>LUNCH:</b> Sweet potato shepherd's pie	<b>LUNCH:</b> Meatball subs with salad	<b>LUNCH:</b> Egg salad with fruit	<b>LUNCH:</b> Club house sandwich with pickles	
26	27	28	29	<b>MEAL TICKETS</b> Cost: \$20.00 Available at the Bistro.		25
<b>LUNCH:</b> Fish sticks with Sweet potato fries	<b>LUNCH:</b> Quesadillas	<b>LUNCH:</b> Pizza bagels and fruit	<b>LUNCH:</b> Fettuccini Alfredo			