



Recovery ◦ Hope ◦ Dignity

COMMUNITY PROGRAMS - EXETER

Community Integration Calendar

February 2012

WOTCH North Exeter:

149B Thames Road West, Exeter, Ontario
 NOM 1S3
Telephone: 519-235-0335
Hours of Operation:
Monday-Friday 8:30 - 4pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 1-3 Paint Class No Cost Location: Back Relaxation Room	2 10-11 Women's Coffee Time Cost: Bring Money for Coffee	3 Open Suggestion Time	4
5	6 1-2pm Men's Social Time	7 Morning Yoga Class No Cost; Please wear comfortable clothing 10-11am	8 Valentines Day Card Making 10am 1-3 Paint Class	9 10-11 Women's Group Swimming, No Cost	10 Thrift Store Shopping 12:30-2:30 No Cost unless buying items	11
12	13 1-2pm Men's Social Time	14 Morning Yoga Class 10-11 Valentines Day Activities with CLSH Valentines Baking at WOTCH 1-3pm	15 Open Activity Time 1-3 Paint Class	16 10-11 Women's Coffee Time Cost: Bring Money for Coffee	17 Afternoon Baking Time 1pm	18
19	20 WOTCH North Closed Family Day	21 Morning Yoga Class 10-11 Community Kitchen Group 1pm Cost: \$1.00 Depending on donations	22 Morning Tea Social 10 o'clock No cost 1-3 Paint Class	23 10-11 Women's Group Swimming, No Cost	24 WOTCH North Office Closed today Staff Training	25
26	27 1-2pm Men's Social Time	28 Morning Yoga Class 10-11 Library outing 1pm	29 Open Suggestion Time 1-3 Paint Class			

WOTCH North Closed Sundays

WOTCH North Closed Saturdays

Program Highlights

- February Paint Class starts Wednesday Feb. 1st. Being held in the back room at WOTCH North, Please sign up
- New Morning Yoga Tuesdays from 10-11. No Cost, please wear comfortable clothing. Mats and Water will be supplied
- New Men's Social Time, Monday from 1-2 Come on out for open chat time