WOTCH
Community Mental Health Services
Recovery · Hope · Dignity

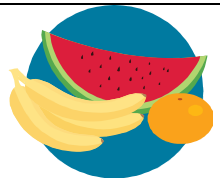
COMMUNITY PROGRAMS - EXETER

Meal Calendar

March 2010

WOTCH North Exeter:

149B Thames Road West, Exeter, Ontario
N0M 1S3
Telephone: 519-235-0335
Hours of Operation:
Monday-Friday 8:30 – 4pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Chicken Caesar Salad and Dinner Roll	2 Tuna Casserole	3 Toasted Bagel and Cream Cheese with Mixed Fruit	4 Chicken Stir Fry with Rice	5 Sloppy Joes Served with Milk	6
7	8 Ham Sandwiches with Pickles	9 Sweet Potatoes Sheppard's Pie	10 Grilled Cheese and Chicken Soup	11 Tuna Macaroni Salad	12 Pancakes Sausage	13
14	15 Fish and Chips	16 Special St. Patrick's Day Lunch – Irish Sausage with Potato Casserole	17 Chicken Spinach Salad and Pudding	18 Lasagna and Garlic Bread	19 Egg Salad Sandwiches Vega's	20
21	22 Tune Melts and Salad	23 Turkey Sandwiches and Mixed Vegetables	24 Homemade Turkey Soup	25 Hot Dogs and Fries	26 Hamburgers and Fries	27
28	29 Bruschetta Salad and Dinner Rolls	30 Special Easter Dinner	31 Easter Dinner Leftover Casserole			

WOTCH North Closed Sundays

WOTCH North Closed Saturdays

Please note: Meals are subject to change due to other program needs and the amount of people attending that day.